

**One Conference**

**Howard Dial**

**Biblical Manhood**

**LIVING A LIFE OF SEXUAL PURITY**

**I. PURSUE THE KNOWLEDGE OF THE LIVING GOD WITH ALL YOUR HEART (Psa. 42:1; Phil. 3:10; Col. 3:1-4).**

**II. SEXUAL PURITY IS EXPERIENCED THROUGH THE LORDSHIP OF JESUS CHRIST.**

**A. God has made us sexual beings in order to exalt Himself through us (Gen. 1 & 2)**

**➤ Our sexuality is by God's design.**

**➤ Sex is not mainly for oneself.**

**➤ Sex is ultimately for the glory of God.**

**B. Sin is the great enemy of our God-given sexuality (Gen. 3).**

**a. We live in a world that exalts the pleasure of sex above God.**

- b. Our sinful nature, the enemy within, entices us to pursue sex outside of God's righteous boundaries.**
- c. Immorality is forbidden by God (Eph. 5:3-17).**
- d. Sexual immorality is idolatry because it puts self before God (Col. 3:5).**
- e. A life which continues to be dominated by sexual sin may be evidence that a person does not have eternal life with God (1 Cor. 6:9-10; Gal. 5:19)**

**C. Our sexuality is the opportunity to grow in our knowledge of God.**

- To love God, to serve God, to obey God, to depend on God**

**D. Sexual sins and temptation present themselves in many different ways and places.**

- a. Mental lusting, the eye-gate, pornography, movies, the internet, television, a trip to the beach, a walk in a shopping center, etc.**
- b. There are severe consequences for sexual immorality (Prov. 5; Tit. 1:15; Rom. 1:18).**

- E. Our sexuality must be guarded and guided by God and His infinite wisdom.**
- a. Fortify yourself against the temptation to sexual immorality. The passionate pursuit of God is the pleasure that exceeds all others. Sexual sin must be not allowed to have mastery over us. Our body is to be used for God, not immorality (1 Cor. 6:12-; Rom. 13:13).**
  
  - b. Look at the consequences of failure to resist sexual sin. Sin against God, guilty conscience, denial of the gospel, selfishness, deceit, etc.**
  
  - c. Express your need for help to God (“lead us not into temptation,” Matt. 6:13).**
  
  - d. Escape from situations, whenever possible, that are lust inciting. Put on your spiritual track shoes (e.g. Joseph). Radical surgery may be needed (Matt. 5:29-30). The eyes must be guarded as protection against sexual lust (Job 31:1; 1 Jn. 2:16; Prov. 4:25).**
- F. In Christ, Christians can overcome sexual sins (1 Cor. 10:13; Prov. 28:13; 1 Jn. 1:9; Gal. 5:16).**
- a. Sexual sins can be repented of and forgiven.**

- b. A life of God-pursuing self-control is possible in Christ (Gal. 5:22; 1 Pet. 1:13; 2 Pet. 1:5)**
- c. "I know of no other way to triumph over sin long-term, than to gain a distaste for it, because of a superior satisfaction in God." John Piper**

### **III. UNDERSTAND THE DYNAMICS OF TEMPTATION (Jas. 1:13-18).**

- Temptation is the enticement to satisfy our desires in ways that are outside of God's will (1 Jn. 2:16).**
- Temptation disguises the consequences of sin.**
- Resistance in temptation requires a healthy self-mistrust and a knowledge of Satan's strategy (Rom. 7:15-25).**

### **IV. BECOME SKILLFUL IN YOUR KNOWLEDGE AND USE OF THE SWORD OF THE LORD (Eph. 6:17).**

- Its content must be mastered (2 Tim. 3:16-17).**
- It must be memorized (Psa. 119:9).**
- It must be applied (Psa. 119:11).**

**V. PARTICIPATE IN THE LIFE OF THE CHURCH OF JESUS CHRIST  
(Heb. 10:25).**

- **This is a place of worship and service.**
- **This is the place we can live out responsibility to one another (1 Cor. 12:25).**
- **You are in a family (1 Tim. 5:1-2; Tit. 2:1-10).**

**VI. ESTABLISH AND CARRY OUT A BIBLICAL PLAN FOR KILLING  
SIN (Rom. 8:13).**

- **Make a covenant with your eyes.**
- **Take charge of your thought life.**
- **Monitor your relationships.**

**VII. DELIGHT YOURSELF IN THE SPLENDOR OF MARITAL LOVE  
(Prov. 5:18).**

- **The journey to marital bliss begins and is sustained by vows.**
- **There is a trail of blood that leads to intimacy in marriage.**

**VIII. FIND YOUR HOPE IN THE MAGNITUDE AND JOY OF GOD'S GRACE (Psa. 51).**

- **God's forgiveness flows to us because of His eternal perfections.**
  
- **God's forgiveness will elude those who do not take responsibility for their sin and confess it.**
  
- **God's forgiveness replaces guilt with joy.**

**Conclusion/summary – Where do I go from here?**