

## Out of the Depths Psalm 130

### Introduction

1. This is one of seven penitential psalms (6, 32, 38, 51, 102, 130, 143).
2. It has been called a “Pauline psalm” by Martin Luther.
3. Other saints have been here before us (John Owen, John Wesley).

### I. Sin and its misery is a dark hole from which only God’s mercy can deliver us (vv. 1-2).

- Sorrow over sin is a good sign.
- Deliverance from the guilt of sin must come outside of us.
- Sin creates a sense of distance and alienation from God.
- Depression serves as a warning light to indicate the need for self-examination.

### II. God’s forgiveness is the only hope for sin (vv. 3-4).

- No sin is bigger than God.

- Those who have been forgiven much, love much.
- How is the fear of God the right response to God’s forgiveness?
- Forgiveness is free for the asking. You do not have to buy it. It has already been paid for.

### III. Fellowship with God is restored when our sins are forgiven (vv. 5-6).

- What is the psalmist waiting for?
- How will we know we have forgiveness of sin when we ask for it?

### IV. Forgiven people are liberated people (vv. 7-8).

- We are liberated to praise God.
- We are liberated to proclaim the Lord’s redemption.